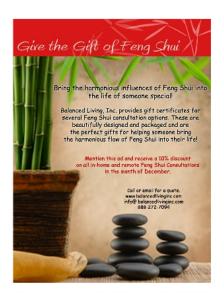
## Heading

## Repetition

In graphic design, we use repetition to facilitate the reading or viewing of a document. For instance, in a website you would put the navigation bar in the same position on every page, so the viewer doesn't have to look for them. In a print document, the main elements such as heading, sub headings, and page numbers are always placed and formatted the same way.

## Alignment

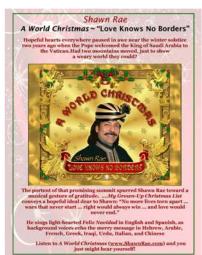
Alignment makes any document look more organized and also helps the viewers to make senses of the information. Alignment is often refereed to as an invisible line that connects elements.



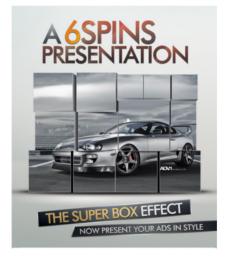
Contrast is a very simple and arguably the most important concept to understand in graphic design. The more contrast you have between two elements, the easier it is to tell them apart. Keep this in mind when you design your shirt, as it will be important to distinguish the color of the team crest, or the players number against the background of the jersey.



Contrast is a very simple and arguably the most important concept to understand in graphic design. The more contrast you have between two elements, the easier it is to tell them apart. Keep this in mind when you design your shirt, as it will be important to distinguish the color of the team crest, or the players number against the background of the jersey.



Contrast is a very simple and arguably the most important concept to understand in graphic design. The more contrast you have between two elements, the easier it is to tell them apart. Keep this in mind when you design your shirt, as it will be important to distinguish the color of the team crest, or the players number against the background of the jersey.



Contrast is a very simple and arguably the most important concept to understand in graphic design. The more contrast you have between two elements, the easier it is to tell them apart. Keep this in mind when you design your shirt, as it will be important to distinguish the color of the team crest, or the players number against the background of the jersey.